

Should I give my baby fluoride drops?

In areas that don't have fluoride, ask your doctor or dentist about giving your baby fluoride drops starting at age six months.

What should I look for when I check my baby's teeth?

Look for white spots on baby's top four front teeth. White spots are the first sign of dental decay. Both inside and outside surfaces of teeth should be checked.

Check your baby's teeth often.

Take good care of your own teeth!

See your dentist regularly to have your own teeth cleaned and checked.

Your Baby's Teeth



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When will my baby start getting teeth?

Around six months of age is when baby's teeth will start coming in.

How should I clean my baby's mouth?

From birth, wipe your baby's gums or teeth with a damp washcloth or gauze pad.

What can I do when my baby begins teething?

Your baby may have sore gums, be restless and cranky, not sleep or eat well, and have loose stools. Allow your baby to chew on something cold – a chilled teething ring or clean washcloth.

If your baby has more serious symptoms, visit your doctor. Fevers, ear infections, and long-term diarrhea are not caused by teething.

What is Baby Bottle Tooth Decay?

Serious tooth decay can occur when a baby drinks from a bottle of milk, formula, sugar water, or fruit juice during naps or at bedtime. Use only water if you give your baby a bottle at naps and bedtime.

When should I take my baby for the first dental visit?

The first visit should be made around your baby's first birthday. If you notice a problem with a tooth, go to the dentist sooner.

Are pacifiers or thumb sucking bad for baby's teeth?

No, not during the first years. Babies are born with a strong need to suck. However, ongoing sucking can rearrange your child's teeth which can cause problems later. If you have concerns or questions about thumb sucking or pacifiers, talk with your dentist or doctor.

Why is it important to take care of baby teeth?

Baby's teeth:

- help your baby chew food
- help your baby speak clearly
- guide the permanent teeth into place
- aid in jaw and facial shaping
- add to your baby's good health and make a great smile!

